



Manthena American School has met the criteria for educational quality established by the Cognia Global Commission and is hereby presented this Certificate of Accreditation by the North Central Association Commission on Accreditation and School Improvement, the Northwest Accreditation Commission, and the Southern Association of Colleges and Schools Council on Accreditation and School Improvement.

As part of Cognia's global network of 40,000+ institutions across 90 countries, Manthena American School joins a community dedicated to fostering high-quality education and growth.

MAS Newsletter



Respect
الإحترام

Tolerance
التسامح

Inclusion
الشمول

Excellence
التميز

Stars of The Month



MANTHENA
AMERICAN
SCHOOL



Ahmed
PRE K



Hayat
KG1A



Gurmanjout
KG1B



Aariv Paul
KG1C



Muhammad Azlan
KG1D



Sanad
KG2A



Jood
KG2B



Martina
KG2C



Cynthia
Grade 1A



Yasmine
Grade 1B



Palwasha
Grade 1C



Emma
Grade 2A



Aline
Grade 2B



Haya Khozema
Grade 2C



Hamza
Grade 3A



Abdullah Amro
Grade 3B



Osman Altaf
Grade 4A



Maya Fathi
Grade 4B



Shazain
Grade 4C



Amaan Rizwan
Grade 5B1



Muhammed Ahsan
Grade 5B2



Ala Mariyum
Grade 5G

Stars of The Month

GIRL'S SECTION GRADE 6-10



Elin Hossein
Grade 6



Darine Ibrahim
Grade 7



Zuha Khan
Grade 8



Ritadj Dakiche
Grade 9



Aisha Lambaco
Grade 10

BOY'S SECTION GRADE 6-10



Karim Mohamed
Grade 6B1



Ibrahim Muhammad
Grade 7



Rani Almansour
Grade 8



Waliy Oualim
Grade 9



Mohammad Reza
Grade 9B1



Eshaan Abdulla
GRADE 9B2



Raja Fateh
Grade 10B1



Ibrahim Amin
Grade 10B2



ENGLISH NARRATIVE SPEECH

COMPETITION

*Unleash your storytelling
talent!*

- » MAS is excited to present the **English Narrative Speech Competition!** This event is open to all students in **grades 3 to 10**

Seize this incredible opportunity to display your storytelling skills!

**SUBMIT YOUR NAMES BY 12TH
FEB 2025**



[PARTICIPATION FORM LINK](#)



**UAE
REGIONAL
STEM
CHAMPIONSHIP**

Center of Excellence

Hosting the UAE Regional STEAM Championship!



Five schools participated, and we sincerely appreciate **Edustream** for collaborating with Manthena.

www.mas-sharjah.ae



**DOUBLE VICTORY:
Champions in AI & Drone Challenge
at the STEAM Regional
Championship - UAE**

STEAM Championship Regional Results:



Zein (Grade-5) | Adhvaaly (Grade-5)

First Prize - Enjoy AI Senior



Mohammad Walaa (Grade-7) | Badraddin (Grade-7)

First Prize - Space Drone Challenge

www.mas-sharjah.ae

LOOK AT OUR PUBLISHED WORK



WINNERS IN INTERSCHOOL COMPETITION

Students from our school participated in the LUMOS – Accelerated Gifted and Talented Program, organized by Bridge the Gap at Ambassador School, Sharjah, UAE, on February 1, 2025. They competed in Art and Design, and Insight Incubators competition, focusing on Sustainability and Technology. secured 1st prize in the Insight Incubator category. Zeina (4A) and Tasnim (4B) won 2nd prize in Art and Design. Their achievements highlighted their creativity, critical thinking, and innovative skills.



Zeina (4A) and Tasnim (4B)



Ali Nahas (4A), Taym (4A), and Anamta (9G)

MAS HUMANITARIAN SERVICE

Today, Manthena American School students participated in the "Childhood Zone" event, organized by the Sharjah City for Humanitarian Services. This event was held to celebrate and honor students with special needs. MAS students proudly joined hands to empower individuals with special needs, fostering inclusivity and highlighting their vital role in our society.



January 2025

Lina Ashraf Elshikh



CollegeBoard

HIGHLIGHT

We are thrilled to announce an exciting initiative at Manthena American Schools –our school is taking the first steps toward implementing the College Board program! This transformation will open new doors for students, providing them with opportunities to excel academically, prepare for higher education, and stand out in college admissions.

WHAT IS COLLEGE BOARD?

The College Board is a prestigious nonprofit organization that connects students to college success. It administers key programs such as the SAT, Advanced Placement (AP) courses, and the PSAT/NMSQT, helping students gain a competitive edge in their academic journeys.



SIGNIFICANCE

With the implementation of College Board programs, students at Manthena American Schools will have access to:

- ✓ SAT and PSAT Exams – Standardized testing that improves college admissions chances and scholarship opportunities.
- ✓ Advanced Placement (AP) Courses – College-level classes in various subjects that help students earn college credits while still in high school.
- ✓ College Readiness Resources – Guidance, practice materials, and career exploration tools to support students in making informed academic choices.
- ✓ Scholarship and Financial Aid Opportunities – Access to various scholarship programs, including those supported by the National Merit Scholarship Program.



MEET OUR ECOWARRIOR



Exciting news! Our school has launched the Eco Warriors Club, dedicated to sustainability and environmental action. Students will engage in projects like recycling drives, tree planting, and awareness campaigns.



Lina Ashraf Elshikh



Partnering with Kiswa

Recycle clothing by collecting clothing donation, repurposing fabric into new items, and educating students on sustainable practices.

Upcoming Activities!

- Campus clean-ups
- Eco-friendly challenges
- Workshops and events



MAS SPORT DAY!

By Ahmed Elshikh

27

January



KG Section



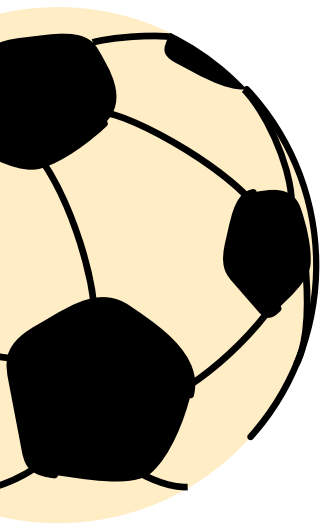


MAS SPORT DAY!

By Ahmed Elshikh

27

January



*Grades 6-10
girls*





MAS SPORT DAY!

By Ahmed Elshikh

28

January



*Elementary
Section*





MAS SPORT DAY!

By Ahmed Elshikh

| | |
|----|---------|
| 29 | January |
|----|---------|



*Grade 6 to 10
Boys.*





MANTHENA
AMERICAN
SCHOOL

MAS TALK!

On January 23rd, Manthana American School has hosted a very wonderful event, MAS TALK, inviting parents and staff members to watch and listen to students from Grades 6-10 from both sections girls and boys to present and give a speech about a topic they found interesting and confident to share. This event has given the students an opportunity to shine and speak their mind and feel heard from both their parents and staff members!



Our confident speakers:



Careers Day: Inspiring Futures at School.



Students Explore Exciting Career Paths.

Students at Manthana American School participated in an exciting Careers Day, exploring various professions through interactive sessions and guest speakers. The event aimed to inspire and guide students toward future career choices.



Manipal University Guides Future Careers.



Delegates from Manipal University attended Careers Day, offering valuable insights and guidance on higher education and career opportunities.



ROBOTICA 2K25

ICT & Innovation department of MAS organized an **intraschool robotics competition**, spanning from Elementary to High School, providing students with an opportunity to showcase their innovation and technical skills..





MANTHENA
AMERICAN
SCHOOL



Inter-school STEAM Competition

Chaytra -G7

Our school recently hosted an exciting STEM competition, bringing together students from various schools to showcase their skills in science and technology. Volunteers from our school helped organize the event, while two students took on the role of judges. The competition featured five events, including a drone-flying challenge, a robotics competition, and a poster-making segment. Schools from different areas participated, making the event engaging and competitive. Students showcased their creativity and problem-solving skills as they maneuvered drones, programmed robots, and designed posters. The atmosphere was filled with excitement, and the competition was a great success, inspiring everyone to explore STEM further.



BASKETBALL

Manthena American School Basketball Update 🏀🏃 A Tough Game, But a Strong Fight

Recently, our basketball team engaged in a series of intense and challenging matches against esteemed institutions: Emirates American School, Rosary School, Pakistan Sharjah Islamic School, and Sharjah International School. Despite our valiant efforts, we were unable to secure a victory. However, it is important to acknowledge the remarkable dedication, teamwork, and resolve demonstrated by our players.

Following the game, Coach Ms. Jennifer shared her thoughts: “I am exceedingly proud of the team. We played with tremendous heart, and this game illuminated areas for improvement. Losses are merely stepping stones to success, and we will return stronger.”

We are now preparing for our forthcoming match against additional schools with a renewed determination to apply the lessons learned and deliver our best performance.

Thank you.



Celebrating 100 days of school!



The 100 Days of School celebration at Manthena American School was an unforgettable event that highlighted the students' achievements and creativity. This milestone marked the progress made by students across all grades, and the day was packed with exciting activities designed to inspire and engage young minds. From writing challenges to hands-on projects, the celebration reflected the school's commitment to making learning both meaningful and fun.

One of the standout activities was the "100 Words Writing Challenge," where students were tasked with writing 100 words. Each grade approached the challenge differently, with younger students focusing on imaginative tales and older students tackling more thought-provoking topics. The challenge tested students' creativity, vocabulary, and ability to think critically within a word limit. It was wonderful to see their ideas come to life, showcasing their growth in writing and self-expression.





In addition to the writing challenge, the school organized a variety of activities centered around the number 100. Math enthusiasts enjoyed solving creative puzzles and problems involving the number, while younger students participated in art projects like crafting collages with 100 items. Group activities promoting teamwork and collaboration added to the excitement, making the celebration a well-rounded mix of fun and learning.



The 100 Days of School celebration was a day to reflect on how far students have come while inspiring them to keep striving for success. It was more than just an event; it was a reminder of the joy of learning and the power of creativity. Through activities like the writing challenge and group projects, students demonstrated their skills, talents, and enthusiasm for education. The day ended with smiles all around, leaving everyone excited for the journey ahead.

EXCITING NEWS: OUR SCHOOL CANTEEN IS HERE!

NEWSLETTER

17/1/2025

We are thrilled to announce the opening of our brand-new school canteen! Not only does it bring a variety of delicious and healthy food options, but it also makes our classrooms fresher and more enjoyable by keeping food smells away. The canteen ensures a cleaner, more focused learning environment for everyone.



The canteen isn't just about food—it's a place for connection and bonding. It provides students with the opportunity to step outside their usual classroom groups and interact with peers from other classes, creating a vibrant and inclusive atmosphere. This shared space fosters new friendships and strengthens our sense of community, making everyone feel more connected.




Beyond just eating, the canteen is a space where conversations flow, laughter is shared, and ideas are exchanged. Whether it's catching up with friends or meeting someone new, these moments make our school days more enjoyable and create lasting memories. It's a place where relationships grow and our school spirit truly comes alive. We're proud to see this new addition to our school making such a positive impact. Let's enjoy this exciting space while maintaining cleanliness and respect for one another. Here's to a fresher, friendlier, and more vibrant school life!




ACHIEVING YOUR GOALS

BY WRITING THEM DOWN



Achieving goals requires clarity, focus, and a structured approach, and one of the most effective methods is writing them down. According to John Traugott's article "Achieving Your Goals: An Evidence-Based Approach" from Michigan State University Extension, documenting goals significantly enhances the likelihood of success. This evidence-backed strategy emphasizes the importance of creating actionable plans and seeking accountability, transforming vague aspirations into tangible results.



Research conducted by Dr. Gail Matthews supports this approach. In her study, participants were divided into groups based on their goal-setting methods. Results revealed that 76% of individuals who wrote down their goals, outlined detailed action steps, and provided weekly updates to a friend achieved their objectives. Conversely, only 43% of those with unwritten goals succeeded. This stark contrast highlights the transformative power of writing goals and coupling them with accountability.

Writing down goals brings clarity, helping individuals identify priorities and create a roadmap for success. It fosters focus by breaking large ambitions into manageable steps, making it easier to stay on track. Additionally, the practice of revisiting written goals engages the subconscious mind, which identifies opportunities and solutions aligned with those objectives.

Sharing written goals with others further enhances accountability, motivating individuals to stay committed. Seeking feedback and support from friends or mentors ensures progress, as external encouragement often reinforces internal determination.

In conclusion, writing down goals is not just a motivational exercise but a proven strategy for success. By documenting aspirations, creating structured plans, and embracing accountability, individuals significantly improve their chances of achieving their dreams. As John Traugott and Dr. Matthews demonstrate, the simple act of writing down goals transforms intentions into accomplishments.

REFERENCES

Traugott, J. (2014, August 26). "Achieving Your Goals: An Evidence-Based Approach." Michigan State University Extension.

Matthews, G. (2007). "The Impact of Commitment, Accountability, and Written Goals on Goal Achievement." Dominican University of California.



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Mission

Our mission is to empower students to acquire skills that will support them as life-long learners and contribute to the global community while practicing MAS core values of respect, tolerance, inclusion, and excellence.



Vision

Empowering Learners, Building Leaders



Values

Respect, Tolerance, Inclusion,



Follow us on Social Media and share

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youtube:- <https://www.youtube.com/@manthenaamericanschoolofficial>

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